SPRING 2020





AIM

regenerating habita(n)ts

In March and April, we are bringing food forests to projects and community places in the north of Greece, raising awareness and spreading knowledge about the potential of regenerating ecosystems while producing healthy food.

Food forests mimic natural forests but consisting primary of plants that provide food. Mimicking the forest has the benefit of having an autonomous system that doesn't depend on inputs from outside, it creates soil and provides habitat and thus contributes to biodiversity in plants, insects and small animals besides a lot of other services.

unifying with people and projects from all over Greece and abroad. Strengthening the network of people and projects that actively contribute to building a better today and tomorrow, that are not afraid to seek new ways and have a bold vision for the future and that put their words to action!





IN SHORT

%

100 SPREADING KNOWLEDGE

sharing principles of permaculture as a tool for regeneration

200 SOLIDARITY

with early-stage projects that have limited knowledge and resources to plant a food forest

300 REGENERATING SOIL

soil fertility, regulating microclimate and favoring water cycles

400 FOOD SOVEREIGNTY

for empowering people in growing their own food and creating places of abundance.





ITINERARY

March 2020

6-8 KORINTH

a natural farming center in the starting by a Tai Chi and natural farming master open to young people to learn a different path in life.

17-22 LEMNOS ISLAND

AFTHONIA project is very young, having a very old history in activism. A productive agroforestry system will be an example for regenerative farming in the island.

14-15 ATHENS -REGEN MEETUP

quarterly meeting of the REGENERATION NETWORK, an umbrella organisation and cooperation platform for ecoprojects in Greece

28-29 CENTER THESSALONIKI

in the center of this megacity we will plant a food forest, visible and accessible for young and old, a place to bring people together and explore nature in urban environment. In collaboration with Agroecopolis: the Hellenic Network for Agroecology, Food Sovereignty and Access To Land



April 2020

4 ARTIST SPACE

FIX IN ART - This artist community space in an old beer factory building is reclaiming urban space reinventing things and setting bold signals for regenerative practices - food forest will be one of them.

5 YOUTH CENTER

WE - This youth center is providing sports activity and music events to teenagers. A food forest in this place will connect them with the origin of their food in an informal way.



REFUGEE CAMP X 2

(Still pending)
Planting seeds of hope and a way of feeling human again for those who cannot foresee a return to their home country.

MORE DESTINATIONS STILL PENDING

We might add more stops to our tour if time allows it.

SCHOOL -ATHENS AREA

(Waiting for confirmation) in the yard of an elementary school we will plant a food forest together with the kids, making it a permanent part of their learning space, enabling sensorial exploration of a forest system.



SPONSORSHIP

Meaning

Sponsorship for the north tour gives the great opportunity to connect the regenerative movement with businesses, organizations and companies committed to bringing social and environmental change to the world, that reinvent the way business is done, whose products are respecting the planet and all beings on it.

And it will build bridges and unify even more projects, organizations, social enterprises and people by actively showing solidarity. If you want to sponsor our tour we will be happy to work with you.

Contact

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THIS IS A FOOD REVOLUTION



SEE ONE OF OUR PREVIOUS ACTIONS! WATCH THE VIDEO!